Don the sterile gown and open the glove pack and inner wraps as recommended.

1. Do not slip hands through the gown cuff. The cuffs should be loose as shown in the picture.

2. The glove pack is opened by the circulating nurse. Grab the inner wraps with the fabric of the gown, ensuring the hands are kept inside the gown sleeves.

3. Place the inner wraps in the sterile zone and ensure the fingers are pointing towards you.

4. Open the inner wrap (the coloured gloves), ensuring the hands are kept inside the gown sleeves at all times.

5. Pick up the first glove with your dominant hand (the right glove with your right hand or the left glove with your left hand).

6. Gently flip the glove over, so the glove now rests on your right or left forearm. The glove thumb is now lined up with your thumb.

7. Using your other hand which is still inside the gown sleeve...

8. ...pull the edge of the glove over the back of your hand.

9. Wriggle fingers and thumb into place as gown and glove slide together up your arm.

10. The glove is now fully on. Ensure that the donned glove always completely covers the woven cuff.

11. Pick up the other gloved hand, flipping the glove over onto your forearm and glove this hand in the same manner.

12. Using your gloved hand, pull the edge of the glove over the back of your hand.

13. Wriggle fingers and thumb into place, pull glove up your arm until it is fully donned.


15. Ensure that the outer gloves are pulled well over the inner gloves (approximately 2.5 cm) to avoid roll or slip down.

16. With the Biogel® Puncture Indication Systems, if a glove puncture occurs in the presence of fluid, a dark coloured patch appears through the outer glove at the site of perforation.

17. To change a contaminated glove during the procedure, remove the outer glove by pulling the cuff over the palm, so that the glove turns inside out. Dispose of the contaminated/punctured glove.

18. Check the inner glove for punctures. If punctured, remove and replace as per local recommendations. Otherwise, clean and dry with a sterile wipe.

Changing a contaminated/punctured glove during the surgical procedure

Open a new glove package of the correct Biogel outer gloves to ensure that the Biogel Indication System works in the intended way. Don the new outer glove, ensuring that the cuff of the outer glove is pulled well over the cuff of the inner glove by 2.5 cm to avoid roll or slip down.

For video instructions on how to don gloves and surgical gowns please see the Mölnlycke web site.


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